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It's time to be present, challenge yourself, and change things for the better. Here's a powerful, positive to-do list for the next 30 days. YOU ARE A BADASS IS THE SELF-HELP BOOK FOR PEOPLE WHO DESPERATELY WANT TO IMPROVE THEIR LIVES BUT DON'T WANT TO GET BUSTED DOING IT. In this refreshingly entertaining how-to guide, bestselling author and world-traveling success coach, Jen Sincero, serves up 27 bitesized chapters full of hilariously inspiring stories, sage advice, easy exercises, and the occasional swear word, helping you to ...With rites of passage missing from our society, men need to look to different avenues to discover their manliness. These 30 books are must reads for all men. Author Carolyn Kalil's Free Personality Quiz based on her best selling career development book Follow Your True Colors To The Work You Love